

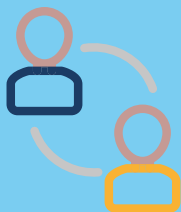
WELLNESS WORKS!!

HILLCREST CHILDREN & FAMILY CENTER



WHAT IS IT?

THE WELLNESS WORKS PROGRAM IS GEARED TOWARDS CONNECTING YOU TO RESOURCES THAT MEET YOUR NEEDS WHILE CREATING AN INDIVIDUALIZED SUPPORT TEAM TO IMPROVE YOUR MENTAL AND PHYSICAL WELL-BEING.



WHY ENROLL?



WE CARE ABOUT YOU AND YOUR HEALTH. TO HELP YOU ACHIEVE A HEALTHY LIFESTYLE, WE WILL BRING THOSE YOU TRUST THE MOST TOGETHER TO DEVELOP YOUR OWN HEALTH & WELLNESS TEAM.

WHAT WILL I GAIN?

INDIVIDUALIZED SERVICES THAT MEET YOUR SPECIFIC NEEDS FEELING EMPOWERED AND HAVE BETTER CONTROL AND ACCESS TO YOUR PHYSICAL AND MENTAL HEALTH



AM I ELIGIBLE?



ARE YOU CURRENTLY USING, OR DO YOU HAVE A HISTORY OF SUBSTANCE ABUSE?
DO YOU HAVE ANY CHRONIC HEALTH CONDITIONS, SUCH AS, DIABETES, HYPERTENSION, ETC?

"NOTHING ABOUT US WITHOUT US"

REGISTER HERE:

https://www.surveymonkey.com/r/DCOR_Referral

OR CALL: (571)697-9782

3029 Martin Luther King Junior Ave SE
Washington, D.C. 20032



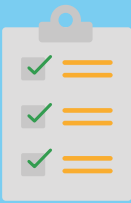


I WANT TO ENROLL... WHAT'S NEXT?



INDIVIDUALIZED CARE TEAM MEETING

The Care Coordinator will bring together those who you rely on for support. Once they are identified, a meeting is held to discuss next steps on how to reach your goals.



SERVICE COORDINATION

We will connect you with services to meet your needs and ultimately support you to reach your goals. Your Care Team will always be there for you.



A CARE COORDINATOR WILL CONTACT YOU

The Care Coordinator will explain about the program, and have a deeper discussion with you to understand what YOU need to reach YOUR goals.



INDIVIDUALIZED CARE PLAN

A plan is developed as a team prioritizing YOUR needs. Your voice is what drives the plan.

Regular meetings will take place, and adjustments will be made when necessary to ensure progress towards YOUR goals.



TRANSITION

Once YOUR GOALS ARE MET, you and the team decide how and when you transition from the program.